

2019 Texas GFA Equipment Familiarization and Mega Meet Notes

Looking forward to seeing everyone in Texas. The times below are your timed floor rehearsal on the spring floor. Each squad will have 5 minutes for their PTG floor routines and 10 minutes for GymFest, Challenge and A&T. Please come early to stretch out. You may also use the jump equipment as that will be open as well as a carpet bonded floor. Please see the attached Erratas for PTG and A&T. Please remember to have 2 coaches for both warm ups and competition on Tumbling, Mini and Vault. The Gaylord does not allow practice in public areas. Please do not practice in public areas. This includes the Longhorn Foyer. You may only practice at scheduled times in Longhorn Hall D. All Athletes must stay in the competition Venue during competition except for restroom breaks or to seek medical attention. We will have an EMT in Longhorn Hall E(Trampoline and Tumbling venue

Saturday February 2nd Longhorn Hall D at the Gaylord Texan

2:00 pm to 2:05 pm Fallbrook Chipmunks
2:30 pm to 2:45 pm Birons
3:00pm to 3:10 pm Fallbrook Pixar
3:10 to 4:00pm Electric Avenue A&T and Challenge
4:00 pm to 4:10 pm BEAST
4:10pm to 4:15pm Fallbrook Squirrels
4;15 pm to 4:20 pm Berks East 7
4:20 pm to 4:25 pm Bay State
4:50 pm to 4:55 pm Showcase 8
4:55 pm to 5:20 pm Showcase 2,3,4,5, boys
5:20 pm to 5:30 pm Showcase 6,7
5:30pm to 5:50 pm WCC
6:00pm to 6:10 pm Upside Downers
6:10 pm to 6:30 pm open Stretch Challenge

Equipment list for Texas Mega Meet

42ft x42ft spring floor with border
Numerous Skill Cushions , Landing Mats
53ft air trak with 15ft run up with landing mats per rules and policies
Numerous Vaulting Boards
Vault trainer
Spotting block 2ft x3ft
Vault with 82ft runway and landing mats per rules and policies
Vault Deck
Vault Safety Zone
Mini Tramp Runway 72ft with Landing Zone per Rules and Policies
Euro Open ended Mini Tramp
Orange Troels Mini Tramp
Big Blue Super Elite Mini Tramp(From Robert)
Air-o-Board
Numerous Sting Mats and Panel Mats