

2023 Las Vegas MEGA Meet
Power TeamGym / GymFest Practice Times
Friday February 17th.
Las Vegas Westgate Resort & Casino
Paradise Event Center South

Times listed below are the start time for floor. Jump will not be timed so if more than one team is working on Jump please share the equipment.

4:10pm **Doors open for open stretch.**

4:30pm **La Jolla Y Level 7**

4:35pm **La Jolla Y Level 5**

5:00pm **GymTriX Level 2**

5:05pm **GymTriX Level 3**

5:10pm **GymTriX Level 4**

5:15pm **GymTriX Level 5**

5:20pm **GymTriX Level 7**

5:25-5:35 **GymTriX GymFest**

5:35pm **Believe**

5:40pm **Aurora Kids**

5:45pm **Birons Level 3**

5:50 pm **Birons Level 4**

5:55pm **Valley Wide Level 2**

6:00pm **Valley Wide Level 4**

6:05-6:15 **Valley Wide GymFest**

6:15pm **Fallbrook Level 2**

6:20pm **Fallbrook Level 3**

2023 Las Vegas MEGA Meet
Power TeamGym Competition Times
Saturday February 18th.
Las Vegas Westgate Resort & Casino
Paradise Event Center South

Session 1

Birons 3, Gym Trix 3, Fallbrook 3, Aurora 3

Gym Trix 2, Fallbrook 2, Valley Wide 2

8:00am Stretch

8:15am Timed Warm Ups

8:50am March In

8:55am Competition

10:00am GymFest Performance

10:10am Awards

Session 2

Valley Wide 4, Gym Trix 4, Believe 4, Birons 4

10:40am Stretch

10:55am Timed Warm Ups

11:15am March In/ Competition

11:55am Valley Wide GymFest Routine.

Awards Immediately following GymFest.

Session 3

Gym Trix 5, Gym Trix 7, La Jolla 5, La Jolla 7

12:10pm Stretch

12:30pm Timed Warm Ups

1:00pm March In / Competition

Awards Immediately following competition.

Updated 01/12/2023