

***2023 Las Vegas MEGA Meet***  
**Power TeamGym / GymFest Practice Times**  
**Friday February 17th.**  
**Las Vegas Westgate Resort & Casino**  
***Paradise Event Center South***

Times listed below are the start time for floor. Jump will not be timed so if more than one team is working on Jump please share the equipment.

**4:10pm**      **Doors open for open stretch.**

**4:30pm**      **La Jolla Y**              **Level 7**

**4:35pm**      **La Jolla Y**              **Level 5**

**5:00pm**      **GymTrix**              **Level 2**

**5:05pm**      **GymTrix**              **Level 3**

**5:10pm**      **GymTrix**              **Level 4**

**5:15pm**      **GymTrix**              **Level 5**

**5:20pm**      **GymTrix**              **Level 7**

**5:25-5:35**      **GymTrix**              **GymFest**

**5:35pm**      **Believe**

**5:40pm**      **Aurora Kids**

**5:45pm**      **Birons Level 3**

**5:50 pm**      **Birons Level 4**

**5:55pm**      **Valley Wide Level 2**

**6:00pm**      **Valley Wide Level 4**

**6:05-6:15**      **Valley Wide GymFest**

**6:15pm**      **Fallbrook**              **Level 2**

**6:20pm**      **Fallbrook**              **Level 3**

***2023 Las Vegas MEGA Meet***  
**Power TeamGym Competition Times**  
**Saturday February 18th.**  
**Las Vegas Westgate Resort & Casino**  
***Paradise Event Center South***

**Session 1**

**Birons 3, Gym Trix 3, Fallbrook 3, Aurora 3**

**Gym Trix 2, Fallbrook 2, Valley Wide 2**

**8:00am      Stretch**

**8:15am      Timed Warm Ups**

**8:50am      March In**

**8:55am      Competition**

**10:00am    GymFest Performance**

**10:10am    Awards**

**Session 2**

**Valley Wide 4, Gym Trix 4, Believe 4, Birons 4**

**10:40am    Stretch**

**10:55am    Timed Warm Ups**

**11:15am    March In/ Competition**

**11:55am    Valley Wide GymFest Routine.**

**Awards Immediately following GymFest.**

**Session 3**

**Gym Trix 5, Gym Trix 7, La Jolla 5, La Jolla 7**

**12:10pm    Stretch**

**12:30pm    Timed Warm Ups**

**1:00pm      March In / Competition**

**Awards Immediately following competition.**

**Updated 01/12/2023**